

CHALFONT ST GILES 10K MULTI-TERRAIN RUN
SATURDAY 4TH SEPTEMBER 2010
START: AT 10AM IN STRATTON CHASE DRIVE
N.B. ENTRIES MUST BE RECEIVED BY 1ST SEPTEMBER 2010

Trophies for the Winners of each category
All runners will receive a T-shirt and goody bag

Entry Fee for the 10k Run: £15.00 per entrant

Please complete the following, writing clearly or printing

Name:

Address:.....

.....

Postcode: Tel. No.....

E-mail:

Club Name (if applicable):

PLEASE TICK: Male _____ Female _____

AGE at 04/09/10 _____

Cheque (payable to 'C St G Show') enclosed for total of £.....

ALL ENTRANTS MUST COMPLETE:

I confirm that I am over 18, fit and healthy. I take full responsibility for my decision to enter the run and understand that the organisers of the run are not liable for any injury, loss or damage incurred to my person or property through my participation in this run.

Signed Date

Please send your entry with cheque to:

**CSG 10K Run,
Mead Croft, London Road,
Chalfont St. Giles,
Buckinghamshire,
HP8 4NJ**

If you do not have an email address, please enclose a **correctly Stamped Addressed Envelope (A5 minimum) for further instructions.**

A huge "THANK YOU" to our sponsors this year, IBB SOLICITORS